

NOTICE OF OPENING N.º 260/SGA/DOFAE**Faculty of Sport Sciences and Physical Education****Academic Year 2026/2027****Mestrado em Exercício e Saúde****2nd cycle****Master in Exercise and Health****1. Number of places:**

Places to be distributed through the Exercise Physiology Branch (EFB) and the Special Population Branch (SPB):

1st Phase: 5 places EFB

3 places SPB

2nd Phase: 19 places EFB

11 places SPB

3rd Phase: 1 place + remaining places EFB

1 place + remaining places SPB

2. Minimum number of students for course opening: 10**3. Application deadlines:**

1st call: 2nd to 31st March 2026

2nd call: 1st June to 15th July 2026

3rd call: 1st to 11th September 2026

4. Admission requirements:

1 – The following candidates can apply to this master course:

a) diploma in a Portuguese higher education institution;

b) diploma in an European higher education institution that is organized according to Bologna principles;

c) diploma obtained in other systems that are recognized by the Scientific Committee of the Faculty

[FCDEFUC];

d) candidates with a professional curriculum that is considered relevant by the Scientific Committee of the Faculty [FCDEFUC]; d) holders of a school, scientific or professional curriculum, which is recognized as attesting the capacity to carry out this cycle of studies by the Scientific Council of the Faculty. Candidates must obtain a positive curriculum evaluation, considering the criteria and weightings established by the Scientific Committee of the Faculty.

2) In subparagraphs a), b) and c) of nº1, applications from graduates are accepted, preferably from the Sports Sciences area, but also from related scientific areas.

Note: Students with more than 5 ECTS to complete in the 1st year of the Master's cannot access the Internship or Dissertation curricular unit.

5. Selection criteria:

2nd Cycle Course

1. Final classification of the Degree, [4/10 Weighting];

The final classification (average) of the Degree with which you apply is considered as follows:

1.1. Degree in Sport Sciences and/or Physical Education – University Education - Adds to the degree average: 2 points [=Graduate average + 2 points]

1.2. Degree in Sports Science and/or Physical Education – Polytechnic Education - Adds to the degree average: 1 point [=Graduate average + 1 point]

1.3. Other Degrees - Adds to the degree average: 0 points [=Graduate average + 0 points]

2. Academic and Scientific Curriculum, [5/10 Weighting];

2.1. Publications and participation in congresses (80%)

Based on the candidate's Curriculum Vitae, the following classifications are attributed based on the classification of 10 points:

2.1.1. No scientific activity: 0 values [10 points]

2.1.2. With participation in scientific meetings, but without presentations: 2 points [12 points]

2.1.3. With presentation of papers at scientific meetings: + 2 points [addition to the classification obtained previously] [14 points]

2.1.4. Indexed scientific publications (< 5 articles): + 2 points [in addition to the classification obtained previously] [16 points]

2.1.5. Indexed scientific publications (\geq 5 articles): + 4 points [in addition to the classification obtained previously] [20 points]

2.2. Postgraduate Course(s) (20%)

Based on the candidate's Curriculum Vitae, the following classifications are attributed based on the classification of 10 points:

2.2.1. With a postgraduate degree or part of a postgraduate curricular component in the area: 10 points

3. Professional Experience, [1/10 Weighting].

Based on the candidate's Curriculum Vitae, the following classifications are attributed based on the classification of 10 points:

3.1. Teaching experience in higher education - 2 points

3.2. Professional Internships in the field:

3.2.1. Semester: 2 points

3.2.2. Annual: 2 points [in addition to the classification obtained from semester internships]

3.3. Number of years of professional experience in the field:

3.3.1. up to 2 years inclusive: 2 points

3.3.2. more than 2 years: 2 points [in addition to the classification obtained in experience up to 2 years]

Note: For tie-breaking purposes, the ranking of candidates will be based on:

1. Criterion 1
2. Criterion 2
3. Criterion 3

2nd Cycle - Application based on Subparagraph d)

- i) Academic curriculum, considering the final classification of the degree(s) held, [1/10 Weighting];
- ii) Relevance of the degree(s) held for the scientific area of the study cycle, [1/10 Weighting];
- iii) Scientific curriculum, considering participation in congresses, seminars, research projects, number and scientific quality of publications (monographs, book chapters, articles in periodicals), prizes and similar awards, provided these activities are in the scientific area of the study cycle in question, [7/10 Weighting];
- iv) Professional curriculum, considering the duration and nature of the professional activities performed in the scientific area of the study cycle in question, [1/10 Weighting].

6. Required documentation:

Only applicable to: 2nd Cycle Course

- Official declaration of course outlines and hourly course loads with classification of each course unit of courses previously taken (transcript), in case of equivalence credits request (MANDATORY, except in degrees awarded by the University of Coimbra under the Bologna Process – after 2007/2008)
 - Official document certifying qualifications, issued by the institution awarding the degree, indicating the weighted average and the grading scale. (MANDATORY only for holders of a degree obtained abroad that does not contain the average)
- Only applicable to: 2nd Cycle Course;
- Certificate of Bachelor's degree with final course classification (diploma). A certificate proving

approval in the curricular units carried out must be included, with respective classifications (school transcript). (MANDATORY, except if the primary course is a course taught at the University of Coimbra)

- Curriculum Vitae; (MANDATORY)

Applicable to: 2nd Cycle - Application based on Subparagraph d)

- CV mentioning the academic training, participation in research projects, congresses and publications, awards and similar elements, as well as professional and sports experience; (MANDATORY)

- Certificate of courses eventually completed, which mentions the programmes and workloads of the curricular units carried out by the applicant, including the respective grades (student's academic record). (MANDATORY, except if it is a course taught at the University of Coimbra)

- Identification document (MANDATORY only for foreign applicants)

- Motivation Letter; (MANDATORY)

- Recommendation letter(s) (At least one letter is MANDATORY); (MANDATORY)

NOTE: If the documents mentioned above are written in a foreign language other than Spanish, French, and English, it is mandatory to present a translation to Portuguese undertaken by a translator recognised by the Portuguese diplomatic representation.

The submission of the authenticated original documents is mandatory to the applicants admitted who enrol and register and must be done as soon as possible in order to complete their personal file. Further information at: <https://www.uc.pt/en/academic-services/submit-docs/>.

7. Tuition fee:

- National Student or equivalent: 1,500 EUR (annual fee);
- International student: 7000 EUR (annual fee).

8. Part-time registration: Allowed.

9. Assessment committee:

- Paula Cristina Vaz Bernardo Tavares.

10. Other information:

- Application is subject to the payment of a 50.00 € fee, which is non-refundable, even in case of invalidation of application and of non-placement.
- Applications are submitted online at: <https://inforestudante.uc.pt/nonio/security/candidaturas.do>.
- Applicants who do not have the documents attesting the required qualifications or other

ADMINISTRATION

documents until the end of the deadline for applications may apply conditionally. If they do not submit the required documents until the new deadline provided, their application will become "Not Admitted". Then, they can move their application onto the following call for applications without any additional charges.

- In applications definitively considered valid, and after the evaluation period has started, it is not possible to add or replace the documents presented. To add new documentation, a new application must be submitted in the next phase, if any.

- After the last phase of applications, and if there are still places available, applicants may submit their application by means of a request, beyond the deadline, which will be duly appraised by the coordination of the Course /Organisational Unit.

- Further information about academic issues, including the academic calendar, is available at: <https://www.uc.pt/en/academic-services/>

- Contacts: E-mail: <https://apps.uc.pt/forms/view/sga/en>
Telephone:(00351) 239 247 195

In person assistance: at the Student Hub of the University of Coimbra. Schedules for assistance may be consulted at: <https://www.uc.pt/en/academic-services/location-contacts/>

University of Coimbra, on 2nd February 2026.

Head of Division,